



My One-Man Band Instrument

In a One-Man Band, there are many sounds and instruments being played. Here is a set of Hand Bell instruments that you can make at home, so you can play along, too. (Ask an adult to help you and be sure to cover your work area each time you make instruments.) . . .

Making Hand Bells

You will need ----

1. 2 empty paper towel rolls (Toilet paper rolls will work also.)
2. A hole punch (You will need an adults help with this.)
3. 4 jingle bells
4. String or yarn.
5. Crayons or Markers
6. Some old towels to cover the work area

Let's Get Started----

1. Begin this project by coloring and/or decorating the outside of each roll
2. Punch a hole in each of the ends of the two paper towel rolls or toilet paper rolls (That makes 4 hole punches.)
3. Run string or yarn through one of the holes in one roll
4. Now run the same string or yarn through 2 jingle bells.
5. Tie to each the string to the other end of the roll.
6. Repeat steps 3 through 5 for the second hand bell
7. Color and decorate the outside of each roll
8. Shake your hand bells.